

Luncheras Di Si

Meal Group Contribution Report

The Children's Guild PG/BALTIMORE - K-12 Breakfast

HHFKA-Breakfast-K-12 (age 5-18)

Monday 03/02/2026

Cereal

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992601	CEREALS RTE,CINN TOAST CRUNCH (Low Sugar)	1 (28 GR)			1.000	1.000			1.000
991346	Yogurt Yoplait 4oz	4 oz		1.000		1.000			
90	PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				1.000	1.000	2.000	1.000	2.000	1.000

Tuesday 03/03/2026

WG Pancakes buttermilk

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
993113	V- WG Pancakes Buttermilk Maple Cinnamon (IW)	74gr per portio			2.000	2.000			2.000
991123	Syrup Maple SS Sugar Free	32 gr							
992900	TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

Wednesday 03/04/2026

French Toast Muffin

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991524	V- Baked French Toast Muffin	serving		0.500	1.000	1.500			1.000
10	Mozarella, Cheese String	1 oz		1.000		1.000			
992362	Grape Juice - (1 cup: 2 juices)	2 (4 fl)					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				1.500	1.000	2.500	1.000	2.000	1.000

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The Children's Guild PG/BALTIMORE - K-12 Breakfast

HHFKA-Breakfast-K-12 (age 5-18)

Thursday 03/05/2026

WG English Muffin & Cream cheese

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991581	V- WG English Muffin w/ Cream Cheese	serving			2.000	2.000			2.000
991006	Banana - 1 cup (2 Bananas)	2 Bananas					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

Friday 03/06/2026

One Pan Breakfast Potato

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991522	V/DF - One-Pan Breakfast Potatoes & Egg Scramble	serving		2.000	1.000	3.000			1.000
307	APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				2.000	1.000	3.000	1.000	2.000	1.000

Monday 03/09/2026

Turkey Sausage Pancake on a Stick

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991379	Pancakes & Turkey Sausage on a Stick	2.5 oz		1.000	1.000	2.000			1.000
991123	Syrup Maple SS Sugar Free	32 gr							
990708	Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				1.000	1.000	2.000	1.000	2.000	1.000

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The Children's Guild PG/BALTIMORE - K-12 Breakfast

HHFKA-Breakfast-K-12 (age 5-18)

Tuesday 03/10/2026

Egg Cheese Bite

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992589	V- Egg Cheese Bite	1.75 gr		1.500		1.500			
341	WG Biscuit - 1 oz	28 g			1.000	1.000			1.000
90	PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total				1.500	1.000	2.500	1.000	2.000	1.000

Wednesday 03/11/2026

WG Muffin

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991382	V-Chocolate Chip Oatmeal Muffin	serving			1.000	1.000			1.000
307	APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					1.000	1.000	1.000	2.000	1.000

Thursday 03/12/2026

Yogurt & Granola

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991204	V- Yogurt Yoplait & Granola	4oz Yg/1oz Gran		1.000	1.000	2.000			1.000
991006	Banana - 1 cup (2 Bananas)	2 Bananas					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total				1.000	1.000	2.000	1.000	2.000	1.000

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The Children's Guild PG/BALTIMORE - K-12 Breakfast

HHFKA-Breakfast-K-12 (age 5-18)

Friday 03/13/2026

Peachy Cinnamon Roll

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992346	V- Peachy WG Cinnamon Roll Cobbler	2.87 (serving)			2.000	2.000	0.500		2.000
990703	Cranberry Apple Juice 1/2 cup	4 oz fl					0.500		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

Monday 03/16/2026

Cheerios

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992848	V/VG- Cereal, Cheerios Honey SS Bowl	28 gram.			1.000	1.000			1.000
991346	Yogurt Yoplait 4oz	4 oz		1.000		1.000			
307	APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				1.000	1.000	2.000	1.000	2.000	1.000

Tuesday 03/17/2026

St Patricks Pancake Squares

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991381	V- Whole Grain Pancakes	2 pancakes			2.000	2.000			2.000
991123	Syrup Maple SS Sugar Free	32 gr							
991006	Banana - 1 cup (2 Bananas)	2 Bananas					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

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The Children's Guild PG/BALTIMORE - K-12 Breakfast

HHFKA-Breakfast-K-12 (age 5-18)

Wednesday 03/18/2026

Pizza Breakfast

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991344	Turkey Sausage Pizza Breakfast	3.31 oz		1.000	1.500	2.500			1.500
90	PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				1.000	1.500	2.500	1.000	2.000	1.500

Thursday 03/19/2026

WG Muffin

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
993124	V- WG Apple Cinnamon Muffin (Muffin Town)	57 gr			1.000	1.000			1.000
10	Mozarella, Cheese String	1 oz		1.000		1.000			
992362	Grape Juice - (1 cup: 2 juices)	2 (4 fl)					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				1.000	1.000	2.000	1.000	2.000	1.000

Friday 03/20/2026

WG Waffles

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992212	V/VG- Sweet Potato Waffles	serving			1.750	1.750			1.750
991123	Syrup Maple SS Sugar Free	32 gr							
992900	TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					1.750	1.750	1.000	2.000	1.750

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The Children's Guild PG/BALTIMORE - K-12 Breakfast

HHFKA-Breakfast-K-12 (age 5-18)

Monday 03/23/2026

Mini Pancakes

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
991431	Eggo Mini Pancakes Blueberry	86 gr			2.000	2.000			2.000
990919	Syrup Maple (ss)	42.5 gr							
990708	Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

Tuesday 03/24/2026

WG Bagel, Cream Cheese & Jelly

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
990661	Cinnamon Raisin WG Bagel (V/VG)	1 bagel			2.000	2.000			2.000
990298	Cream Cheese (ss)	0.75 oz							
990949	V/VG- Jelly	14 gr							
90	PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup					1.000		
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
231	MILK,Skim	8 fl. oz.						1.000	
Total					2.000	2.000	1.000	2.000	2.000

Wednesday 03/25/2026

Taco Breakfast

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
990947	Taco Breakfast	1		2.000	1.000	3.000			1.000
307	APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				2.000	1.000	3.000	1.000	2.000	1.000

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The Children's Guild PG/BALTIMORE - K-12 Breakfast

HHFKA-Breakfast-K-12 (age 5-18)

Thursday 03/26/2026

Waffle Omelet

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992956	Waffle Omelet w/ cheese & Tk. bacon	serving		1.000		1.000			
991056	VG/DF - WG Roll	32 gr			1.000	1.000			1.000
991006	Banana - 1 cup (2 Bananas)	2 Bananas					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total				1.000	1.000	2.000	1.000	2.000	1.000

Friday 03/27/2026

Biscuit, Egg Bite, Turkey Link

Recipe #	Recipe Name	Portion Size	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
992756	WG Biscuit & Turkey Sausage Link	serving	2.000		1.000	1.000			1.000
992589	V- Egg Cheese Bite	1.75 gr		1.500		1.500			
991059	Cranberry Apple Juice (1 cup- 2 juices per kid)	2 HC					1.000		
231	MILK,Skim	8 fl. oz.						1.000	
190	Low Fat Milk - 1%	8 fl. oz.						1.000	
Total			2.000	1.500	1.000	2.500	1.000	2.000	1.000

	M/MA oz eq	M/MA as Grain oz eq	Grains oz eq	Total Grain oz eq	Fruit cup	Milk cup	Whole Grain oz eq
Grand Total	2.000	15.500	27.250	42.750	20.000	40.000	27.250