



Spring/Early Fall - LUNCH
The Children's Guild PG/ BALTIMORE- K-8 Lunch

Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH



Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com

Monday

03/02/2026

Turkey Latin
Br. Rice & Bl. Beans
Veggie Latin Rice
& Bl. Beans (V/VG)
Apples
Choice of Milk

Tuesday

03/03/2026

Cheese Lunch Pizza w/
Chicken & Beef Pepperoni
Cheese Lunch Pizza (V)
Roasted Potatoes
Bananas
Choice of Milk

Wednesday

03/04/2026

Grilled Chicken
over Brown Rice
Grilled Chicken Meatless
over Brown Rice (VG/DF)
Romaine, Tomato
& Onion Salad
Vinaigrette Balsamic SS
Fresh Oranges
Choice of Milk

Thursday

03/05/2026

Crispy Chicken Burger
Vegan Burger (V/VG)
Ketchup (ss)
Roasted Sweet Potatoes
& Cauliflower
Fresh Strawberries
Choice of Milk

Friday

03/06/2026

Chili Flavor Turkey
Tomato Macaroni
Chili Flavor Meatless
Tomato Macaroni (V/VG)
Fruit Punch Juice
Choice of Milk

03/09/2026

Jerk Chicken & Brown Rice
Jerk Chicken Meatless
& Brown Rice (V/VG)
Sauted Collards Green
Apples
Choice of Milk

03/10/2026

Golden Crispy Chicken Tenders
Breaded Veggie Tender
w/ WG Roll (V/VG)
Garlic Roasted Potatoes
BBQ Sauce (ss)
Bananas
Choice of Milk

03/11/2026

Chicken Enchiladas
Veggie Enchiladas (V)
Black Beans w/ Tomato
& Corn Salad
Fresh Pears
Choice of Milk

03/12/2026

Buffalo Chicken
WG Mac & Cheese
Buffalo Chicken Meatless
WG Mac & Cheese (V)
Kale Salad w/ Cucumber
& Tomatoes (V/VG)
Fruit Punch Juice
Choice of Milk

03/13/2026

Turkey Hot Dog**
on a WG Bun
Vegan Burger (V/VG)
Roasted Sweet Potatoes
Ketchup (ss)
Fresh Tangerines
Choice of Milk

03/16/2026

Corn Dog Chicken Mini WG
Veggie Nuggets
w/ WG Roll (V/VG)
WG Biscuit
Green Beans & Corn Medley
Ketchup (ss)
Fresh Pears
Choice of Milk

03/17/2026

Spanish B. Rice w/Chicken
Kidney Beans & Tomato
B. Rice w/Chicken Meatless
Kidney Bean & Tomato V/VG
Apples
Choice of Milk

03/18/2026

Chipotle BBQ Pulled
Chicken WG Slider
Chipotle BBQ Meatless
WG Slider (V/VG)
Sweet Creamy Coleslaw
Fresh Oranges
Choice of Milk

03/19/2026

Baked Chicken WG Penne
Pasta w/ Zucchini
Baked Chicken Meatless
WG Pasta w/Zuch. (V/VG)
Bananas
Choice of Milk

03/20/2026

Stuffed Crust Pizza
w/ Cheese (V)
Collards Green
& Tomato Salad
Fruit Punch Juice
Choice of Milk

03/23/2026

Chinese Chicken Fried
Rice w/Corn, Peas, G Beans
Veggie Fried Rice w/
Carrot, Corn, Peas, G Beans
Apples
Choice of Milk

03/24/2026

Breaded Chicken Nuggets
Veggie Nuggets
w/ WG Roll (V/VG)
Roasted Broccoli
& Potato Medley
Honey Mustard Sauce (ss)
Fresh Oranges
Choice of Milk

03/25/2026

WW Turkey Tacos
Al Pastor
WW Veggie Tacos
Al Pastor (V/VG)
Black Beans w/ Tomato
& Corn Salad
Sour Cream (ss)
Bananas
Choice of Milk

03/26/2026

Chicken & Tk. Bacon WG
Pasta w/Tomato & Spinach
Chicken Meatless WG Pasta
w/Tomato & Spinach (V)
Grape Juice
Choice of Milk

03/27/2026

BYO Turkey Nachos
w/ Corn Tortilla Chips
BYO Meatless WG Pasta
w/ Corn Tortillas Chips
Pico de Gallo
Sour Cream (ss)
Fresh Pears
Choice of Milk

03/30/2026

NO SCHOOL TODAY

03/31/2026

NO SCHOOL TODAY

04/01/2026

NO SCHOOL TODAY

04/02/2026

NO SCHOOL TODAY

04/03/2026

NO SCHOOL TODAY

Available Choice of Milk: **Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)**

** Denotes meals only for K to 8th

Locally Grown Components Daily Served :

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Cucumbers (DE,VA,DE,MD,PA), Romaine Lettuce (PA, MD), Spinach (MD), Peppers (DE,VA,PA,MD), Broccoli (VA,PA), Potato (MD,PA), Collards Green (NC), Kale (MD,NC,NJ), Cabbage, (VA,MD,PA,DE,VA), Sweet Potato (NC), Tomato (MD,DE,PA,VA,NC),Cauliflower (PA,MD), Eggplant (VA,PA,NJ,DE/MD), Zucchini (NC), Carrots (PA,NJ,MD), Onions (PA), Squash summer (NC,VA,MD,PA,DE)

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat