



Milk, grain, fruit, meat or meat alternative

BREAKFAST



Menu subject to change. For any feedback please contact us directly at menu@luncherasdisi.com



Monday	Tuesday	Wednesday	Thursday	Friday
<p>03/02/2026</p> <p>Cinnamon Toast Crunch Cereal (V/VG) Yoplait Yogurt Fresh Pears Choice of Milk</p>	<p>03/03/2026</p> <p>WG Pancakes Buttermilk Maple Cinnamon (V) Syrup Maple (ss) Fresh Tangerines Choice of Milk</p>	<p>03/04/2026</p> <p>Baked French Toast WW Muffin (V) Mozzarella Cheese Stick** Grape Juice Choice of Milk</p>	<p>03/05/2026</p> <p>WG English Muffin (V) & Cream Cheese Bananas Choice of Milk</p>	<p>03/06/2026</p> <p>One-Pan Breakfast Potato, Egg Scramble & Roll (V) Fresh Apples Choice of Milk</p>
<p>03/09/2026</p> <p>WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Fruit Punch Juice Choice of Milk</p>	<p>03/10/2026</p> <p>Egg Cheese Bite Round (V) WG Biscuit Fresh Pears Choice of Milk</p>	<p>03/11/2026</p> <p>Chocolate Chip Oatmeal Muffin (V) Fresh Apples Choice of Milk</p>	<p>03/12/2026</p> <p>Yoplait Yogurt & Granola (V) Bananas Choice of Milk</p>	<p>03/13/2026</p> <p>Peachy WG Cinnamon Roll Cobbler (V) Cranberry Juice Choice of Milk</p>
<p>03/16/2026</p> <p>Cereal Cheerios Honey Yoplait Yogurt Fresh Apples Choice of Milk</p>	<p>03/17/2026</p> <p>Whole Grain Pancakes (V) Syrup Maple (ss) Bananas Choice of Milk</p>	<p>03/18/2026</p> <p>Turkey Sausage WG Pizza Breakfast Cheese WG Pizza Break.(V) Fresh Pears Choice of Milk</p>	<p>03/19/2026</p> <p>WG Apple Cinnan. Muffin-V Mozzarella Cheese Stick** Grape Juice Choice of Milk</p>	<p>03/20/2026</p> <p>Homemade WW Sweet Potatoes Waffles (V/VG) Syrup Maple (ss) Fresh Tangerines Choice of Milk</p>
<p>03/23/2026</p> <p>Eggo Mini Pancakes Blueberry Maple Syrup (ss) Fruit Punch Juice Choice of Milk</p>	<p>03/24/2026</p> <p>Cinn. Raisin WG Bagel(VG) Cream Cheese Jelly (ss) Fresh Pears Choice of Milk</p>	<p>03/25/2026</p> <p>WW Taco Breakfast incl. (Egg, Cheese & Tkey Bacon) Taco Bk. w/Tofu,Vegan Ch. & Veggie Crumbles (V/VG) Fresh Apples Choice of Milk</p>	<p>03/26/2026</p> <p>Waffle Omelet w/ Cheese & Turkey Bacon Waffle Omelet w/Cheese(V) WG Roll Bananas Choice of Milk</p>	<p>03/27/2026</p> <p>WG Biscuit & Turkey Sausage Link Veggie Patty & Biscuit -V Egg Cheese Bite Round (V) Cranberry Juice Choice of Milk</p>
<p>03/30/2026</p> <p>NO SCHOOL TODAY</p>	<p>03/31/2026</p> <p>NO SCHOOL TODAY</p>	<p>04/01/2026</p> <p>NO SCHOOL TODAY</p>	<p>04/02/2026</p> <p>NO SCHOOL TODAY</p>	<p>04/03/2026</p> <p>NO SCHOOL TODAY</p>

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy (upon request)**

Locally Grown Components Daily Served : **According to the season fruits and vegetables locally grown will be added on
Breakfast and/or Lunch menu: Apples (PA), Sweet Potato (NC)**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), *Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat