



Milk, grain, fruit, meat or meat alternative

# BREAKFAST



Menu subject to change. For any questions or comments  
 please contact us directly at [menu@luncherasdisi.com](mailto:menu@luncherasdisi.com)



| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
| <p>12/01/2025</p> <p>WG French Toast Sticks (V/VG)<br/>Syrup Maple (ss)<br/>Fresh Tangerines<br/>Choice of Milk</p> | <p>12/02/2025</p> <p>Cereal Cheerios Honey<br/>Yoplait Yogurt<br/>Fresh Pears<br/>Choice of Milk</p>                           | <p>12/03/2025</p> <p>WW Sweet Potato Muffin(V)<br/>Mozzarella Cheese Stick**<br/>Fruit Punch Juice<br/>Choice of Milk</p>                            | <p>12/04/2025</p> <p>Oatmeal Soft Round<br/>Banana Chocolate Chip (V)<br/>Fresh Apples<br/>Choice of Milk</p>        | <p>12/05/2025</p> <p>Pillsbury Mini Cinnis Cinnamon (V)<br/>Bananas<br/>Choice of Milk</p>   |
| <p>12/08/2025</p> <p>Cinnamon Toast Crunch Cereal (V/VG)<br/>Yoplait Yogurt<br/>Fresh Pears<br/>Choice of Milk</p>  | <p>12/09/2025</p> <p>Baked French Toast WW Muffin (V)<br/>Mozzarella Cheese Stick**<br/>Cranberry Juice<br/>Choice of Milk</p> | <p>12/10/2025</p> <p>WG Choc. Chip Pancakes(V)<br/>Syrup Maple (ss)<br/>Bananas<br/>Choice of Milk</p>   | <p>12/11/2025</p> <p>Apple Homemade Baked Oatmeal (V)<br/>Fresh Oranges<br/>Choice of Milk<br/>Oatmilk</p>           | <p>12/12/2025</p> <p>Waffle Omelet w/ Cheese &amp; Turkey Bacon<br/>Waffle Omelet w/Cheese(V)<br/>WG Biscuit<br/>Fresh Apples<br/>Choice of Milk</p> |
| <p>12/15/2025</p> <p>Oatmeal Soft Round<br/>Apple Cinnamon Bar (V)<br/>Fruit Punch Juice<br/>Choice of Milk</p>     | <p>12/16/2025</p> <p>Pillsbury Breakfast Egg &amp; Cheese Scrambler(V)<br/>Fresh Tangerines<br/>Choice of Milk</p>             | <p>12/17/2025</p> <p>Tk. Patty &amp; WG Pancakes<br/>Veggie Patty &amp; WG Pancakes (V)<br/>Syrup Maple (ss)<br/>Fresh Apples<br/>Choice of Milk</p> | <p>12/18/2025</p> <p>Cereal Cheerios Multigrain (V/VG)<br/>Yoplait Yogurt<br/>Cranberry Juice<br/>Choice of Milk</p> | <p>12/19/2025</p> <p>Homemade WW Gingerbread Muffin (V)<br/>Bananas<br/>Choice of Milk</p>   |
| <p>12/22/2025</p> <p>NO SCHOOL TODAY</p>  | <p>12/23/2025</p> <p>NO SCHOOL TODAY</p>   | <p>12/24/2025</p> <p>NO SCHOOL TODAY</p>   | <p>12/25/2025</p> <p>NO SCHOOL TODAY</p>   | <p>12/26/2025</p> <p>NO SCHOOL TODAY</p>   |
| <p>12/29/2025</p> <p>NO SCHOOL TODAY</p>  | <p>12/30/2025</p> <p>NO SCHOOL TODAY</p>   | <p>12/31/2025</p> <p>NO SCHOOL TODAY</p>   | <p>01/01/2026</p> <p>NO SCHOOL TODAY</p>   | <p>01/02/2026</p> <p>NO SCHOOL TODAY</p>   |

**Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy.**

**Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on**

**Breakfast and/or Lunch menu: Apples (PA/ VA /MD), Sweet Potato (NC).**

**Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.**

**WG = Whole Grain WW = Whole Wheat**

Nov 6, 2025