

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

Menu Name:

The Children's Guild PG /BALTIMORE - K-8 Lunch

Include Cost:

No

Site:

Use Alternate Menu Name:

No

Monday - 08/24/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Tuesday - 08/25/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Wednesday - 08/26/2026Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993230 Chicken & Cheese WW Quesadilla	125 gr (2 pc)	99	290	4.50	500	2.00	*1.00	11.00	0.00	45	29.00
992883 VG/DF- Veggie WW Quesadilla	serving	1	439	3.71	635	1.44	*0.00	19.59	0.00	0	41.72
993050 Black Bean and Corn Salad - L:1/2, S:1/2	1 cup	100	231	0.01	135	9.70	*0.00	1.72	0.00	0	42.40
993169 Hot Sauce	7 gr	100	0	0.00	270	0.00	0.00	0.00	0.00	0	0.00
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			686	4.55	1044	*36.39	*0.99	14.43	0.00	55	100.53
% of Calories				5.97%		*21.22 %	*0.58%	18.9%	0.0%		58.6%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Thursday - 08/27/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991095 Baked Chicken Penne Pasta R:1/2, Ot: 1/4	3/4 cup	100	402	5.41	341	6.66	*0.64	12.45	*0.00	67	48.74
991870 V/VG-Baked Chicken Penne Pasta R:1/2, Ot: 1/4	3/4 cup	1	401	0.83	524	12.89	*0.85	7.51	*0.00	0	56.64
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			546	5.44	483	*26.64	*0.64	13.95	*0.00	77	72.72
% of Calories				8.97%		*19.52 %	*0.47%	23.0%	*0.0%		53.3%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Friday - 08/28/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993263 Stuffed Crust Pizza w/Cheese & Pepperoni	137 gr/5peppero	99	362	5.54	975	4.00	*1.00	16.78	0.00	22	36.23
993087 V- Stuffed Crust Pizza w/Cheese	137 gr	1	330	4.50	850	4.00	*1.00	14.00	0.00	15	36.00
992573 Salad, Kale, Cucumber & Tom. 1cup: DG:1/2, OT:1/2	1 cup	100	93	1.18	174	2.58	*0.00	7.19	0.00	0	7.16
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			595	6.73	1284	*25.41	*1.00	25.29	0.00	32	67.05
% of Calories				10.18 %		*17.08 %	*0.67%	38.3%	0.0%		45.1%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Monday - 08/31/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993003 V- WG Jumbo Cheese Ravioli R:1/2 cup	3.78 oz (3 pc)	99	238	1.00	276	6.81	*0.64	2.95	0.00	0	35.35
991724 V/VG - SPAGHETTI AND VEGGIE MEAT SAUCE - R:3/4	1 serving	1	318	0.02	265	*9.23	*0.00	2.99	*0.00	0	58.39
993068 Roasted Sweet Potato - R: 1/4 cup	1/4 cup	100	70	0.27	19	1.47	*0.00	3.56	0.00	0	9.83
990703 Cranberry Apple Juice 1/2 cup	4 oz fl	100	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			469	1.26	429	*32.31	*0.63	7.77	*0.00	10	71.41
% of Calories				2.42%		*27.56 %	*0.54%	14.9%	*0.0%		60.9%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

Tuesday - 09/01/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993245 Crunchy Turkey Taco Salad DG:1/2, R:1/4	3/4 cup	99	357	5.41	677	*5.16	*0.00	22.80	*0.00	100	23.14
993246 V- Crunchy Veggie Taco Salad DG:1/2, R:1/4	3/4 cup	1	300	3.23	838	*5.83	*0.00	16.14	*0.00	12	27.81
991056 VG/DF - WG Roll	32 gr	100	80	0.00	170	2.00	*2.00	1.00	0.00	0	15.00
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			575	5.41	984	*26.91	*2.00	25.11	*0.00	109	61.48
% of Calories				8.47%		*18.72 %	*1.39%	39.3%	*0.0%		42.8%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Wednesday - 09/02/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993247 Creamy Avocado Chicken Rice Bowl- L:1/2, S:1/4	serving	99	575	2.78	661	*5.40	*0.00	23.43	*0.00	68	64.91
993248 V-Creamy Avocado Veggie Rice Bowl- L:1/2, S:1/4	serving	1	581	2.42	852	*6.31	*0.00	23.07	*0.00	10	66.73

Base Menu Spreadsheet

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Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990385 PEACHES,RAW - Half Cup (56 count) 1 peach	1/2 cup	100	51	0.02	0	10.91	0.00	0.32	0.00	0	12.40
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			727	2.81	799	*28.43	*0.00	25.05	*0.00	78	90.46
% of Calories				3.48%		*15.64 %	*0.00%	31.0%	*0.0%		49.8%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Thursday - 09/03/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993252 Baked Peruvian-Style Chicken Drumstick	112 gr	99	269	2.96	305	*1.90	*0.00	13.71	0.00	95	18.06
993253 V/VG-Baked Peruvian-Style Tofu Strips	4.48 oz	1	303	2.06	253	*3.17	*0.00	16.78	0.00	0	23.48
991056 VG/DF - WG Roll	32 gr	100	80	0.00	170	2.00	*2.00	1.00	0.00	0	15.00
993226 Baked Yuca Fries S: 1/4 cup	1/4 cup -2 yuca	100	110	0.50	115	0.00	*0.00	4.00	0.00	0	17.00
990274 Pico de Gallo - R:1/4 , OT: 1/4	1/2 cup	100	42	0.03	15	4.68	*0.00	0.09	0.00	0	9.45
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			706	3.62	740	*35.02	*2.00	20.46	0.00	104	99.52
% of Calories				4.61%		*19.84 %	*1.13%	26.1%	0.0%		56.4%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Friday - 09/04/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993255 Nashville Style Chicken & Waffles	2 Waffles/3tend	99	490	1.50	1080	7.00	*7.00	25.50	0.00	30	47.00
993256 V/VG- Nashville Style Veggie Tenders & Waffles	2 Waffles/2tend	1	447	2.53	1309	7.03	*6.00	19.78	0.00	5	49.56
991902 Green Beans & Corn Medley OT:1/2, S:1/4	3/4	100	99	0.22	2	3.08	*0.00	4.04	0.00	0	18.28
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			752	1.78	1221	*34.77	*6.99	31.10	0.00	40	94.31
% of Calories				2.13%		*18.49 %	*3.72%	37.2%	0.0%		50.2%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Monday - 09/07/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Tuesday - 09/08/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993223 WW Chicken Empanada	2.8 oz	90	170	4.00	420	1.00	*1.00	7.00	0.00	30	17.00
993275 VG/DF- Veggie WW Quesadilla	serving	10	364	2.10	520	1.18	*0.00	12.70	0.00	0	37.77
993097 Corn Pico de Gallo S:1/4, R:1/4, OT:1/4 cup	3/4 cup	100	76	0.02	10	6.69	*0.00	0.68	0.00	0	15.33
993169 Hot Sauce	7 gr	100	0	0.00	270	0.00	0.00	0.00	0.00	0	0.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			429	3.88	847	*32.41	*0.90	9.87	0.00	37	63.41
% of Calories				8.14%		*30.22 %	*0.84%	20.7%	0.0%		59.1%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Wednesday - 09/09/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993271 Cajun Alfredo Steak Breadstick	1 stick	99	250	6.24	644	1.92	*0.00	14.57	0.00	34	18.83
993276 V-Cajun Alfredo Veggie Crumbles Breadstick	1 stick	1	261	5.24	691	2.37	*0.00	12.49	0.00	24	21.05
991866 VG/DF- Grilled Chicken Meatless & Brown Rice	2.87 oz	1	428	0.17	273	0.98	*0.00	6.30	0.00	0	66.04
990728 Roasted Broccoli & Carrots DG: 1/2, R:1/4	3/4 cup	100	75	0.42	37	2.28	*0.00	5.43	0.00	0	6.09
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			468	6.68	820	*23.95	*0.00	21.42	0.00	44	48.89
% of Calories				12.85 %		*20.47 %	*0.00%	41.2%	0.0%		41.8%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Thursday - 09/10/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993277 Asian BBQ Ground Turkey	2.87 oz	99	183	2.29	574	*6.76	*0.00	8.39	*0.00	91	12.06
993278 V/VG- Veggie Asian BBQ (V/VG)	80 gr	1	146	0.02	818	*7.68	*0.00	1.88	*0.00	0	18.50
993266 Vegetable Fried Rice R:1/4, S:1/4, OT:1/4	serving	100	290	0.20	386	5.30	*0.00	4.28	0.00	0	55.07
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Luncheras Di Si

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			678	2.61	1100	*38.61	*0.00	14.30	*0.00	100	107.28
% of Calories				3.46%		*22.78 %	*0.00%	19.0%	*0.0%		63.3%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Friday - 09/11/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993267 American Cheese Crispy Chicken Burger (3.1oz)	serving	99	425	3.75	1040	5.00	*4.00	17.00	0.00	32	44.00
992265 V/VG Vegan Burger -	serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
991922 Balela Salad L:1/2, OT:1/8, R:1/8	serving	100	200	0.51	149	*1.02	*0.00	6.19	*0.00	*0	30.60
991261 Honey Mustard Sauce (ss)	28.3 gr	100	40	0.00	160	7.00	*N/A*	0.50	0.00	0	8.00
990700 Smoothie Strawberry Kiwi	4.4 oz	100	90	0.00	30	19.00	19.00	0.00	0.00	0	22.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Luncheras Di Si

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			853	4.22	1512	*44.02	*23.00	24.84	*0.00	*42	117.52
% of Calories				4.45%		*20.64 %	*10.79 %	26.2%	*0.0%		55.1%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Monday - 09/14/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992845 One Pot Chicken Fajita Pasta R:1/4, OT:1/2*	serving	100	507	7.27	351	*3.90	*0.00	23.05	*0.00	63	52.45
992257 V/VG One Pot Veggie Fajita Pasta R:1/4, OT:1/2	serving	1	454	3.89	493	4.81	*0.00	17.93	0.00	0	50.66
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			675	7.36	493	*28.65	*0.00	24.85	*0.00	73	81.97
% of Calories				9.81%		*16.98 %	*0.00%	33.1%	*0.0%		48.6%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Tuesday - 09/15/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992493 Chili hot dog, turkey, Chili on side L:1/2	serving	99	474	6.10	1254	*9.87	*1.47	16.56	*0.00	50	57.25
991126 V- Grilled Cheese Sandwich	2Bread /4cheese	1	303	6.60	1142	8.00	*0.00	11.57	0.00	35	30.00
991033 Vegetable Chili - Half Cup (On side)	1/2 CUP	1	149	0.10	229	3.87	*1.47	1.06	*0.00	0	25.75
993074 CARROTS: fresh - 1/4 Steamed	1/4 cup	100	14	0.01	23	1.35	*0.00	0.07	0.00	0	3.21
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			636	6.14	1503	*32.98	*3.47	17.97	*0.00	60	85.73
% of Calories				8.69%		*20.74 %	*2.18%	25.4%	*0.0%		53.9%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Wednesday - 09/16/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992294 WG Italian SUB Turkey Ham, Salami & Pepperoni	serving	100	279	2.34	779	5.38	*0.00	9.64	0.00	60	31.47

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992329 Provolone WW Sandwich (V)	serving	1	426	11.54	892	6.42	*2.00	26.29	0.00	48	29.15
000279 Roasted Potatoes - 3/4cup: S:3/4	3/4 cup	100	176	0.38	12	*0.00	*0.00	4.79	0.00	0	30.80
991258 Mayonnaise SS Pouch (Low Sodium)	0.38 oz	100	70	1.50	70	0.00	*N/A*	8.00	0.00	5	0.00
990692 Fruit Punch, Juice 1/2 cup	4 fl.oz.	100	60	0.00	5	12.00	0.00	0.00	0.00	0	14.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			691	4.34	1012	*29.56	*0.02	23.98	0.00	76	89.69
% of Calories				5.65%		*17.11 %	*0.01%	31.2%	0.0%		51.9%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Thursday - 09/17/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992804 Grilled Chicken & Brown Rice (2oz Gr/ 2oz MA)	Serving	100	316	0.53	66	0.01	*0.00	5.87	0.00	58	42.78
991866 VG/DF- Grilled Chicken Meatless & Brown Rice	2.87 oz	1	428	0.17	273	0.98	*0.00	6.30	0.00	0	66.04
000242 Roasted Sweet Potato - R: 3/4 cup	.75 cup	100	169	0.34	54	9.72	*0.00	3.95	0.00	0	31.06
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12.25	*0.00	0.16	0.00	0	15.39

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			650	0.90	258	*33.99	*0.00	11.29	0.00	68	102.89
% of Calories				1.25%		*20.92 %	*0.00%	15.6%	0.0%		63.3%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Friday - 09/18/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992560 BYO Turkey Nachos w/ Corn Tortilla Chips	SERVING	99	308	7.80	329	*0.42	*0.00	18.25	0.00	82	20.08
992624 V- BYO Plant Based Nachos w/ Corn Tortillas	SERVING	1	302	6.50	517	*1.09	*0.00	14.85	0.00	30	24.87
992623 VG/V/DF- BYO Veggie Nachos w/ Corn Tortillas	SERVING	0	283	6.58	671	*1.09	*0.00	12.94	0.00	0	28.93
990689 Romaine Lettuce - 1/2cup: DG: 1/2	1/2 cup	100	8	0.02	4	0.56	0.00	0.14	0.00	0	1.55
990274 Pico de Gallo - R:1/4 , OT: 1/4	1/2 cup	100	42	0.03	15	4.68	*0.00	0.09	0.00	0	9.45
991695 SOUR CREAM,FAT FREE (SS)	1oz	100	25	0.00	30	2.00	2.00	0.00	0.00	0	4.00
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			588	7.96	516	*34.10	*2.00	20.08	0.00	91	75.08
% of Calories				12.18 %		*23.20 %	*1.36%	30.7%	0.0%		51.1%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Monday - 09/21/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991027 Turkey Hot Dog	serving	99	270	3.00	930	*6.00	*N/A*	11.00	0.00	35	31.00
992265 V/VG Vegan Burger -	serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
992509 Garlic Roasted Potatoes 3/4 cup: S: 3/4	3/4 cup	100	228	0.41	17	*0.01	*0.00	4.87	0.00	0	42.65
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
992361 Grape Juice (1/2 cup- 1 juice) Suncup	4 fl	100	80	0.00	10	18.00	0.00	0.00	0.00	0	19.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			688	3.38	1180	*38.00	*2.04	17.08	0.00	45	107.70
% of Calories				4.42%		*22.09 %	*1.19%	22.3%	0.0%		62.6%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Tuesday - 09/22/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993196 Lime Chicken Bl. Bean & Rice 3/4 cup:L:1/2,OT:1/4*	serving	99	504	0.79	274	*2.85	*0.00	9.83	*0.00	58	72.28
992358 V/VG-Lime Chic. Bl.Bean & Rice 3/4cup:L:1/2,OT:1/4	serving	1	509	0.43	406	*3.89	*0.00	9.46	*0.00	0	74.49
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			643	0.81	411	*22.60	*0.00	11.20	*0.00	68	95.59
% of Calories				1.13%		*14.06 %	*0.00%	15.7%	*0.0%		59.5%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Wednesday - 09/23/2026 Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993104 V- Lasagna, Cheese WG Pasta w/ Marinara R:3/4	3.5 oz	100	248	4.00	370	6.78	*0.96	8.45	0.00	45	31.64
992622 VG/DF- Caprese WG Pasta 3/4cup: R:1/2, OT:1/4	serving	0	398	10.03	664	6.53	*0.64	14.56	0.00	0	61.93
993004 V- WG Garlic Knot Roll	2 oz	100	170	1.50	190	3.00	2.00	6.00	0.00	0	27.00
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12.25	*0.00	0.16	0.00	0	15.39
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			579	5.52	695	*34.03	*2.96	15.85	0.00	55	87.03
% of Calories				8.58%		*23.51 %	*2.04%	24.6%	0.0%		60.1%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Thursday - 09/24/2026 Reimbursable Meal Total 59

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990402 BBQ Chicken WG Slider	serving	59	292	0.62	796	15.27	*3.96	4.32	0.00	43	41.61
991711 V/VG -BBQ Chicken Meatless Slider	serving	0	317	0.02	926	16.27	*3.96	4.20	0.00	0	43.61
990604 CREAMY COLESLAW OT: 1/2, R:1/4	3/4 cup	59	90	0.48	148	7.29	*0.63	3.34	*0.00	5	13.16

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	59	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	30	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	29	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	59	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			522	1.11	1080	*41.38	*4.59	8.99	*0.00	57	78.43
% of Calories				1.91%		*31.71 %	*3.52%	15.5%	*0.0%		60.1%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Friday - 09/25/2026 Reimbursable Meal Total 59

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991084 Chicken Nuggets Breaded	4 pc (91 gr)	59	210	2.50	340	1.00	*0.00	12.00	0.00	40	12.00
000341 WG Biscuit - 1 oz	28 g	59	100	4.00	210	1.00	1.00	5.00	0.00	0	14.00
992459 V/VG-Vegan Chicken Nuggets w/WG Roll	5 Nuggets	0	331	1.88	635	4.51	*2.00	12.30	0.00	0	40.12
992817 Collards Green & Tomato Salad - DG:1/2, R:1/4	3/4 cup	59	160	0.73	191	*6.24	*0.00	9.90	*0.01	0	17.21
000222 KETCHUP: individual	9 gr	59	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	59	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	30	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	29	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	59	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			685	7.37	968	*36.67	*3.00	28.57	*0.01	50	85.16
% of Calories				9.68%		*21.41 %	*1.75%	37.5%	*0.0%		49.7%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Monday - 09/28/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993233 Teriyaki Beef Meatballs	5 meatballs	99	226	5.00	760	7.05	*5.00	14.00	0.00	45	11.15
993234 V/VG- Teriyaki Veggie Meatballs	3 Meatballs	1	176	3.00	770	6.05	*6.00	7.00	0.00	0	15.15
991056 VG/DF - WG Roll	32 gr	100	80	0.00	170	2.00	*2.00	1.00	0.00	0	15.00
993235 Glazed Carrots & Green Beans R:1/2 OT:1/4	3/4 cup	100	110	2.33	49	12.49	*9.13	4.51	0.00	7	12.44
990692 Fruit Punch, Juice 1/2 cup	4 fl.oz.	100	60	0.00	5	12.00	0.00	0.00	0.00	0	14.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			575	7.31	1119	*45.53	*16.14	20.70	0.00	62	65.63
% of Calories				11.44 %		*31.67 %	*11.23 %	32.4%	0.0%		45.7%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Tuesday - 09/29/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991162 V- WG Mini Cheese Ravioli R:1/2	4.34 oz (10 pc)	99	279	1.52	447	8.32	*0.64	6.48	0.00	68	39.36
991724 V/VG - SPAGHETTI AND VEGGIE MEAT SAUCE - R:3/4	1 serving	1	318	0.02	265	*9.23	*0.00	2.99	*0.00	0	58.39
993068 Roasted Sweet Potato - R: 1/4 cup	1/4 cup	100	70	0.27	19	1.47	*0.00	3.56	0.00	0	9.83
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			512	1.82	601	*34.50	*0.63	11.64	*0.00	77	78.39
% of Calories				3.20%		*26.95 %	*0.49%	20.5%	*0.0%		61.2%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

Wednesday - 09/30/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993245 Crunchy Turkey Taco Salad DG:1/2, R:1/4	3/4 cup	99	357	5.41	677	*5.16	*0.00	22.80	*0.00	100	23.14
993246 V- Crunchy Veggie Taco Salad DG:1/2, R:1/4	3/4 cup	1	300	3.23	838	*5.83	*0.00	16.14	*0.00	12	27.81
991056 VG/DF - WG Roll	32 gr	100	80	0.00	170	2.00	*2.00	1.00	0.00	0	15.00
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			575	5.41	984	*26.91	*2.00	25.11	*0.00	109	61.48
% of Calories				8.47%		*18.72 %	*1.39%	39.3%	*0.0%		42.8%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Thursday - 10/01/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993247 Creamy Avocado Chicken Rice Bowl- L:1/2, S:1/4	serving	99	575	2.78	661	*5.40	*0.00	23.43	*0.00	68	64.91
993248 V-Creamy Avocado Veggie Rice Bowl- L:1/2, S:1/4	serving	1	581	2.42	852	*6.31	*0.00	23.07	*0.00	10	66.73

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991032 Pineapple Tidbits Packaged HC	4oz	100	60	0.00	0	14.05	*N/A*	0.00	0.00	0	15.05
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			737	2.78	799	*31.57	*0.00	24.73	*0.00	78	93.11
% of Calories				3.39%		*17.13 %	*0.00%	30.2%	*0.0%		50.5%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

Friday - 10/02/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993255 Nashville Style Chicken & Waffles	2 Waffles/3tend	99	490	1.50	1080	7.00	*7.00	25.50	0.00	30	47.00
993256 V/VG- Nashville Style Veggie Tenders & Waffles	2 Waffles/2tend	1	447	2.53	1309	7.03	*6.00	19.78	0.00	5	49.56
991668 Roasted Cauliflower & Potatoes & OT: 1/2, S:1/4	3/4 cup	100	100	0.35	19	*1.00	*0.00	4.69	0.00	0	12.75
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12.25	*0.00	0.16	0.00	0	15.39
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Portion Values

Aug 24, 2026 thru Oct 2, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			751	1.88	1236	*32.25	*6.99	31.54	0.00	40	88.16
% of Calories				2.25%		*17.18 %	*3.72%	37.8%	0.0%		47.0%
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10				

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
Weighted Averages		629	4.19	893	*32.87	*3.04	19.52	*0.00	*64	84.10
% of Calories			6.00%		*20.90 %	*1.93%	27.9%	*0.0%		53.5%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.