

Luncheras Di Si

Meal Group Contribution Report

The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Wednesday 08/26/2026

Chicken & Cheese Quesadilla

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993230	Chicken & Cheese WW Quesadilla	125 gr (2 pc)	2.000	2.000				2.000					
993050	Black Bean and Corn Salad - L:1/2, S:1/2	1 cup				1.000					0.500	0.500	
993169	Hot Sauce	7 gr											
992899	TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large			0.500								
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
231	MILK,Skim	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	1.000	2.000	2.000			0.500	0.500	

Thursday 08/27/2026

Baked Chicken Penne Pasta

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
991095	Baked Chicken Penne Pasta R:1/2, Ot: 1/4	3/4 cup	2.000	2.000		0.750		2.000		0.500			0.250
990398	APPLES - Half Cup (100-134 ct)	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000		0.500			0.250

Friday 08/28/2026

Chicken & Beef Pepperoni Pizza

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993263	Stuffed Crust Pizza w/Cheese & Pepperoni	137 gr/5peppero	2.000	2.000		0.125		2.000		0.125			
992573	Salad, Kale, Cucumber & Tom. 1cup: DG:1/2, OT:1/2	1 cup				1.000			0.500				0.500
310	PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	1.125	2.000	2.000	0.500	0.125			0.500

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Meal Group Contribution Report

The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Monday 08/31/2026

Ravioli

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993003	V- WG Jumbo Cheese Ravioli R:1/2 cup	3.78 oz (3 pc)	2.000	1.000		0.500		1.000		0.500			
993068	Roasted Sweet Potato - R: 1/4 cup	1/4 cup				0.250				0.250			
990703	Cranberry Apple Juice 1/2 cup	4 oz fl			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	1.000	0.500	0.750	2.000	1.000		0.750			

Tuesday 09/01/2026

Crunchy Turkey Taco Salad

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993245	Crunchy Turkey Taco Salad DG:1/2, R:1/4	3/4 cup	2.250			0.750			0.500	0.250			
991056	VG/DF - WG Roll	32 gr		1.000				1.000					
990398	APPLES - Half Cup (100-134 ct)	1/2 cup			0.500								
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
231	MILK,Skim	8 fl. oz.					1.000						
Total			2.250	1.000	0.500	0.750	2.000	1.000	0.500	0.250			

Wednesday 09/02/2026

Creamy avocado chicken rice bowl

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993247	Creamy Avocado Chicken Rice Bowl- L:1/2, S:1/4	serving	2.000	2.000		0.750		2.000			0.500	0.250	
990385	PEACHES,RAW - Half Cup (56 count) 1 peach	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000			0.500	0.250	

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Meal Group Contribution Report

The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Thursday 09/03/2026

Baked Peruvian Style Chicken Drumstick

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993252	Baked Peruvian-Style Chicken Drumstick	112 gr	1.500										
991056	VG/DF - WG Roll	32 gr		1.000				1.000					
993226	Baked Yuca Fries S: 1/4 cup	1/4 cup -2 yuca				0.250						0.250	
990274	Pico de Gallo - R:1/4 , OT: 1/4	1/2 cup				0.500				0.250			0.250
991007	Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup			0.500								
231	MILK, Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			1.500	1.000	0.500	0.750	2.000	1.000		0.250		0.250	0.250

Friday 09/04/2026

Nashville Style Chicken & Waffles

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993255	Nashville Style Chicken & Waffles	2 Waffles/3tend	2.000	3.000				3.000					
991902	Green Beans & Corn Medley OT:1/2, S:1/4	3/4				0.750						0.250	0.500
992899	TANGERINES, FRESH - (100-120 ct)- 1/2 cup	1 large			0.500								
231	MILK, Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	3.000	0.500	0.750	2.000	3.000				0.250	0.500

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Meal Group Contribution Report

The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Tuesday 09/08/2026

Chicken Empanadas

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993223	WW Chicken Empanada	2.8 oz	1.000	1.000				1.000					
993097	Corn Pico de Gallo S:1/4, R:1/4, OT:1/4 cup	3/4 cup				0.750				0.250		0.250	0.250
993169	Hot Sauce	7 gr											
992899	TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			1.000	1.000	0.500	0.750	2.000	1.000		0.250		0.250	0.250

Wednesday 09/09/2026

Cajun Alfredo

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993271	Cajun Alfredo Steak Breadstick	1 stick	2.250	1.000				1.000					
990728	Roasted Broccoli & Carrots DG: 1/2, R:1/4	3/4 cup				0.750			0.500	0.250			
990398	APPLES - Half Cup (100-134 ct)	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.250	1.000	0.500	0.750	2.000	1.000	0.500	0.250			

Thursday 09/10/2026

Asian BBQ Ground Turkey, egg roll & rice

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993277	Asian BBQ Ground Turkey	2.87 oz	2.000										
993266	Vegetable Fried Rice R:1/4, S:1/4, OT:1/4	serving		2.000		0.750		2.000		0.250		0.250	0.250
991007	Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000		0.250		0.250	0.250

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Meal Group Contribution Report

The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Friday 09/11/2026

American Cheese Crispy Burger

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993267	American Cheese Crispy Chicken Burger (3.1oz)	serving	2.500	3.000				3.000					
991922	Balela Salad L:1/2, OT:1/8, R:1/8	serving				0.750				0.125	0.500		0.125
991261	Honey Mustard Sauce (ss)	28.3 gr											
990700	Smoothie Strawberry Kiwi	4.4 oz			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.500	3.000	0.500	0.750	2.000	3.000		0.125	0.500		0.125

Monday 09/14/2026

One Pot Chicken Fajitas Pasta

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
992845	One Pot Chicken Fajita Pasta R:1/4, OT:1/2*	serving	2.000	2.000		0.750		2.000		0.250			0.500
992899	TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000		0.250			0.500

Tuesday 09/15/2026

Turkey Chili Hot Dog

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
992493	Chili hot dog, turkey, Chili on side L:1/2	serving	2.000	2.000		0.500		2.000			0.500		
993074	CARROTS: fresh - 1/4 Steamed	1/4 cup				0.250				0.250			
222	KETCHUP: individual	9 gr											
990398	APPLES - Half Cup (100-134 ct)	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000		0.250	0.500		

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The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Wednesday 09/16/2026

Italian Sub,

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
992294	WG Italian SUB Turkey Ham, Salami & Pepperoni	serving	2.000	2.000				2.000					
279	Roasted Potatoes - 3/4cup: S:3/4	3/4 cup				0.750						0.750	
990692	Fruit Punch, Juice 1/2 cup	4 fl.oz.			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000				0.750	

Thursday 09/17/2026

Grilled Chicken & Brown Rice

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
992804	Grilled Chicken & Brown Rice (2oz Gr/ 2oz MA)	Serving	2.000	2.000				2.000					
242	Roasted Sweet Potato - R: 3/4 cup	.75 cup				0.750				0.750			
991025	ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange			0.500								
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
231	MILK,Skim	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000		0.750			

Friday 09/18/2026

BYO Turkey Nachos

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
992560	BYO Turkey Nachos w/ Corn Tortilla Chips	SERVING	2.000	1.250				1.250					
990689	Romaine Lettuce - 1/2cup: DG: 1/2	1/2 cup				0.500			0.500				
990274	Pico de Gallo - R:1/4 , OT: 1/4	1/2 cup				0.500				0.250			0.250
991695	SOUR CREAM,FAT FREE (SS)	1oz											
991007	Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	1.250	0.500	1.000	2.000	1.250	0.500	0.250			0.250

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Meal Group Contribution Report

The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Monday 09/21/2026

Turkey Hot Dog

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
991027	Turkey Hot Dog	serving	2.000	2.000				2.000					
992509	Garlic Roasted Potatoes 3/4 cup: S: 3/4	3/4 cup				0.750						0.750	
222	KETCHUP: individual	9 gr											
992361	Grape Juice (1/2 cup- 1 juice) Suncup	4 fl			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000				0.750	

Tuesday 09/22/2026

Lime Chicken & Black Beans

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993196	Lime Chicken Bl. Bean & Rice 3/4 cup:L:1/2,OT:1/4*	serving	2.000	2.000		0.750		2.000			0.500		0.250
990398	APPLES - Half Cup (100-134 ct)	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000			0.500		0.250

Wednesday 09/23/2026

Lasagna

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993104	V- Lasagna, Cheese WG Pasta w/ Marinara R:3/4	3.5 oz	1.250	1.000		0.750		1.000		0.750			
993004	V- WG Garlic Knot Roll	2 oz		2.000				2.000					
991025	ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			1.250	3.000	0.500	0.750	2.000	3.000		0.750			

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Meal Group Contribution Report

The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Thursday 09/24/2026

BBQ Chicken Slider

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
990402	BBQ Chicken WG Slider	serving	2.000	2.000				2.000					
990604	CREAMY COLESLAW OT: 1/2, R:1/4	3/4 cup				0.750				0.250			0.500
310	PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000		0.250			0.500

Friday 09/25/2026

Chicken Nuggets

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
991084	Chicken Nuggets Breaded	4 pc (91 gr)	2.000	1.000				1.000					
341	WG Biscuit - 1 oz	28 g		1.000				1.000					
992817	Collards Green & Tomato Salad - DG:1/2, R:1/4	3/4 cup				0.750			0.500	0.250			
222	KETCHUP: individual	9 gr											
991007	Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup			0.500								
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
231	MILK,Skim	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000	0.500	0.250			

Monday 09/28/2026

Teriyaki Beef Meatballs

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993233	Teriyaki Beef Meatballs	5 meatballs	2.250										
991056	VG/DF - WG Roll	32 gr		1.000				1.000					
993235	Glazed Carrots & Green Beans R:1/2 OT:1/4	3/4 cup				0.750				0.500			0.250
990692	Fruit Punch, Juice 1/2 cup	4 fl.oz.			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.250	1.000	0.500	0.750	2.000	1.000		0.500			0.250

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Meal Group Contribution Report

The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Tuesday 09/29/2026

Mini Cheese Ravioli

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
991162	V- WG Mini Cheese Ravioli R:1/2	4.34 oz (10 pc)	2.000	1.000		0.500		1.000		0.500			
993068	Roasted Sweet Potato - R: 1/4 cup	1/4 cup				0.250				0.250			
992899	TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	1.000	0.500	0.750	2.000	1.000		0.750			

Wednesday 09/30/2026

Crunchy Turkey Taco Salad

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993245	Crunchy Turkey Taco Salad DG:1/2, R:1/4	3/4 cup	2.250			0.750			0.500	0.250			
991056	VG/DF - WG Roll	32 gr		1.000				1.000					
990398	APPLES - Half Cup (100-134 ct)	1/2 cup			0.500								
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
231	MILK,Skim	8 fl. oz.					1.000						
Total			2.250	1.000	0.500	0.750	2.000	1.000	0.500	0.250			

Thursday 10/01/2026

Creamy avocado chicken rice bowl

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993247	Creamy Avocado Chicken Rice Bowl- L:1/2, S:1/4	serving	2.000	2.000		0.750		2.000			0.500	0.250	
991032	Pineapple Tidbits Packaged HC	4oz			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	2.000	0.500	0.750	2.000	2.000			0.500	0.250	

Luncheras Di Si

Meal Group Contribution Report

The Children's Guild PG /BALTIMORE - K-8 Lunch

HHFKA-Lunch-K-8 (age 5-13)

Friday 10/02/2026

Nashville Style Chicken & Waffles

Recipe #	Recipe Name	Portion Size	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg, Beans, Peas, and Lentils cup	Veg Starchy cup	Veg Other cup
993255	Nashville Style Chicken & Waffles	2 Waffles/3tend	2.000	3.000				3.000					
991668	Roasted Cauliflower & Potatoes & OT: 1/2, S:1/4	3/4 cup				0.750						0.250	0.500
991025	ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange			0.500								
231	MILK,Skim	8 fl. oz.					1.000						
190	Low Fat Milk - 1%	8 fl. oz.					1.000						
Total			2.000	3.000	0.500	0.750	2.000	3.000				0.250	0.500

	M/MA oz eq	Grains oz eq	Fruit cup	Veg cup	Milk cup	Whole Grain oz eq	Veg Drk Grn cup	Veg Red/Org cup	Veg Lentils cup	Veg Starchy cup	Veg Other cup
Grand Total	53.250	49.250	13.500	21.125	54.000	49.250	3.000	7.000	3.000	3.750	4.375